



Patient Case Discussion

Case 1 baseline characteristics (CKD with T2DM)



盛先生
55歲
業務主管
177 cm/ 79 kg

50歲確診T2DM，一直以來
都是在家附近的診所就診，
這幾個禮拜覺得有點水腫、
尿比較少

Patient profile

- Hypertension for 10 years
- Hyperlipidemia for 10 years
- Diabetes for 5 years
- CKD stage 2 since last year
- No Smoking and alcohol
- 中草藥: 無
- Family history: NTN, T2DM, hyperlipidemia,

Current Medication

- Valsartan 160 mg QD
- Atorvastatin 10 mg QD
- Metformin 500 mg TID for 4 years
- Dapagliflozin 10 QD since last year

Case 1 baseline CKD Stage

Biometric	6/30	9/27
HbA1c (%)	6.5	6.5
eGFR (ml/min/1.73m ²)	62	52
UACR (mg/g)	260	-
Serum Creatinine (mg/dl)	1.35	1.57
BUN (mg/dL)	17	-
BP (mm Hg)	130/87	136/92
LDL-C (mg/dL)	73	75
Uric acid (mg/dL)	5.8	-



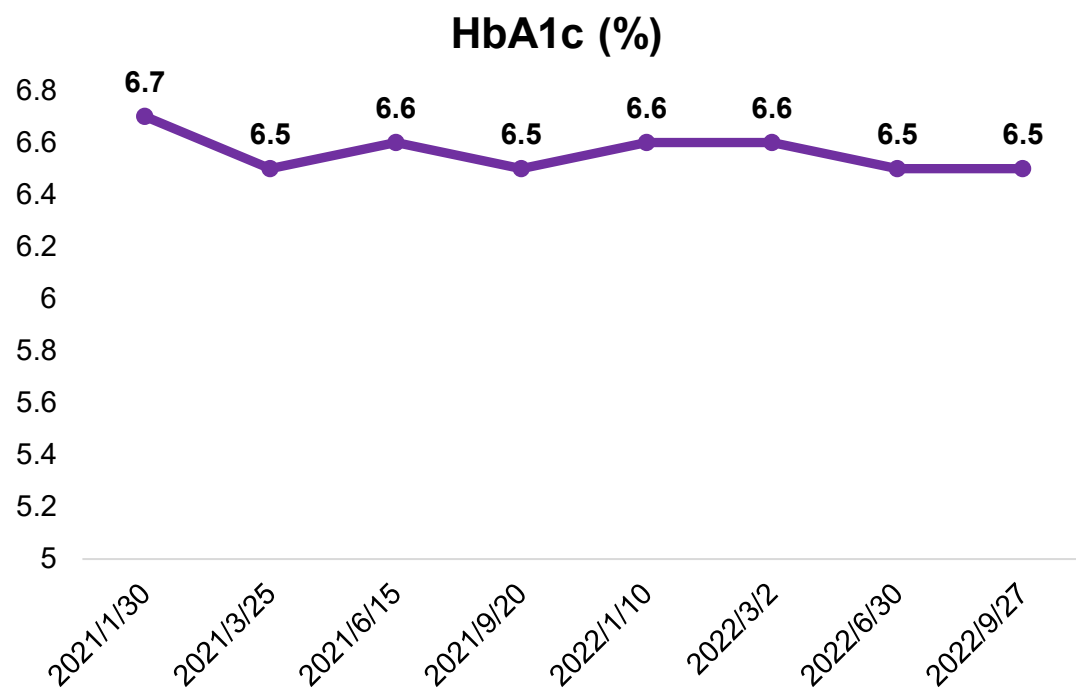
			Persistent albuminuria categories		
			Description and range		
			A1	A2	A3
			<30 mg/g <3 mg/mmol	30-300 mg/g 3-30 mg/mmol	>300 mg/g >30 mg/mmol
GFR categories (ml/min per 1.73m ²) Description and range	G1	≥90			
	G2	60-90			
	G3a	45-59			
	G3b	30-44			
	G4	15-29			
	G5	<15			



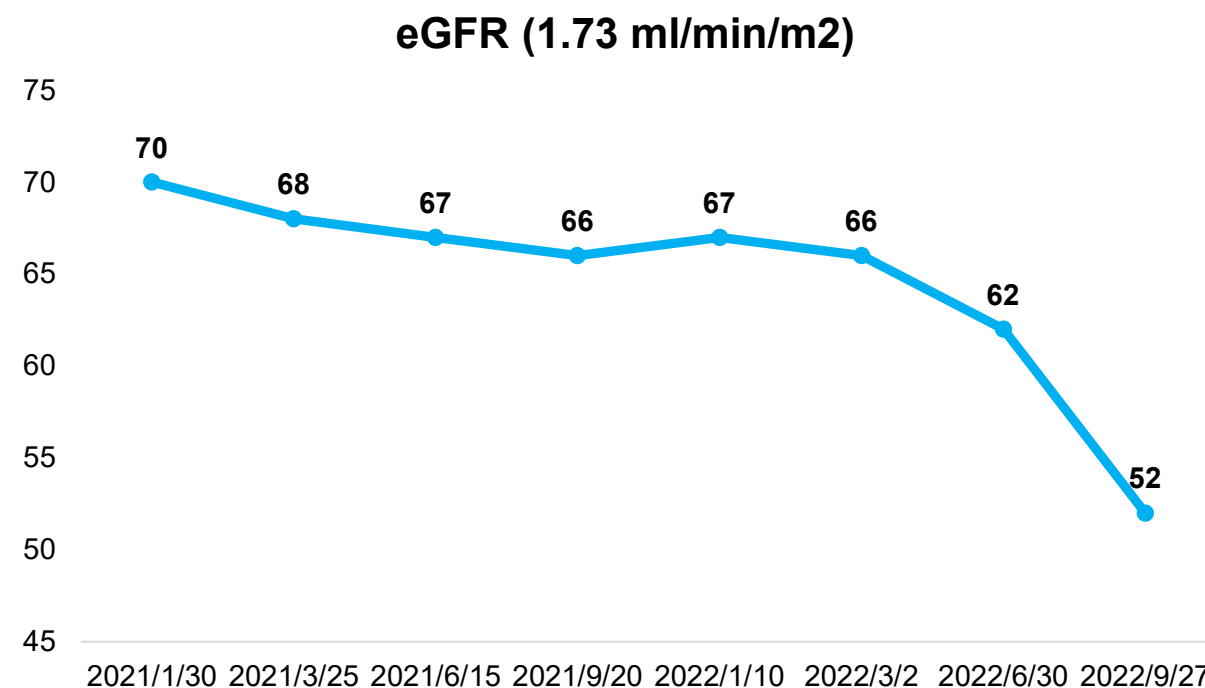
Green, low risk (if no other markers of kidney disease, no CKD); yellow, moderately increased risk; orange, high risk; red, very high risk.



HbA1c change



eGFR change



CKD Case: Overview of Therapy

建議去看腎臟科做進一步檢查

Date	2022/6/30	2022/9/27	2022/10/8 Nephro
Subjective		- Fatigue - Swelling of feet	
Objective	- HbA1c 6.5 (%) - eGFR 62 (ml/min/1.73m²) - Scr 1.35 (mg/dl) - UACR 260 (mg/g) - Uric acid 5.8 (mg/dL) - BP 130/87 (mmHg) - LDL 73 (mg/dL)	- HbA1c 6.5 (%) - eGFR 52 - Scr 1.57 - BP 136/92 - LDL 75 - Ophthalmoscopic examination: no retinopathy	- UPCR 1230 - Urine test: hematuria and proteinuria - Kidney biopsy show IgA nephropathy
Medication	Valsartan 160 mg QD Atorvastatin 10 mg QD Metformin 500 mg TID Dapagliflozin 10 QD	Valsartan 160 mg QD Atorvastatin 10 mg QD Metformin 500 mg TID Dapagliflozin 10 QD	



問題留言

相關問題及會議討論建議，將於系列研討會會後，整理公告回覆，謝謝。



[點我去留言!!](#)